



ESPN Fantasy Baseball Cheat Sheet: Points leagues (H2H and season)

Last updated:
Friday, April 8, 2022

Position rank is listed first, followed by overall rank in parentheses. Salary cap values are based on a standard ESPN league with a \$260 budget.

Starting pitchers

1. (1)	Shohei Ohtani	LAA	\$52
2. (3)	Gerrit Cole	NYG	\$44
3. (5)	Corbin Burnes	MIL	\$41
4. (8)	Max Scherzer	NYM	\$37
5. (10)	Brandon Woodruff	MIL	\$36
6. (12)	Walker Buehler	LAD	\$34
7. (14)	Robbie Ray	SEA	\$31
8. (16)	Shane Bieber	CLE	\$30
9. (18)	Aaron Nola	PHI	\$29
10. (19)	Julio Urias	LAD	\$29
11. (21)	Lucas Giolito	CWS	\$28
12. (23)	Kevin Gausman	TOR	\$27
13. (25)	Sandy Alcantara	MIA	\$26
14. (28)	Zack Wheeler	PHI	\$25
15. (30)	Jose Berrios	TOR	\$24
16. (34)	Freddy Peralta	MIL	\$23
17. (38)	Frankie Montas	OAK	\$22
18. (41)	Joe Musgrove	SD	\$21
19. (45)	Yu Darvish	SD	\$19
20. (47)	Max Fried	ATL	\$19
21. (48)	Logan Webb	SF	\$18
22. (52)	Dylan Cease	CWS	\$17
23. (55)	Charlie Morton	ATL	\$16
24. (60)	Nathan Eovaldi	BOS	\$15
25. (61)	Alek Manoah	TOR	\$15
26. (65)	Tyler Mahle	CIN	\$15
27. (67)	Eduardo Rodriguez	DET	\$14
28. (68)	Carlos Rodon	SF	\$14
29. (71)	Luis Castillo	CIN	\$13
30. (76)	Chris Bassitt	NYM	\$13
31. (80)	Sean Manaea	SD	\$12
32. (86)	German Marquez	COL	\$11
33. (87)	Shane Bieber	TB	\$11
34. (89)	Luis Garcia	HOU	\$11
35. (92)	Framber Valdez	HOU	\$11
36. (95)	Bleke Snell	SD	\$10
37. (99)	Zac Gallen	ARI	\$9
38. (101)	Trevor Rogers	MIA	\$9
39. (107)	Sonny Gray	MIN	\$8
40. (109)	Jacob deGrom	NYM	\$8
41. (111)	Pablo Lopez	MIA	\$8
42. (115)	Hyun Jin Ryu	TOR	\$7
43. (117)	Clayton Kershaw	LAD	\$7
44. (127)	Justin Verlander	HOU	\$6
45. (130)	Logan Gilbert	SEA	\$6
46. (132)	Ian Anderson	ATL	\$6
47. (134)	Tarik Skubal	DET	\$6
48. (139)	Anthony DeSclafani	SF	\$5
49. (141)	Jordan Montgomery	NYG	\$5
50. (143)	Adam Wainwright	STL	\$5

Starting pitchers, cont.			
51. (146)	Chris Sale	BOS	\$5
52. (149)	Marcus Stroman	CHC	\$4
53. (151)	Ranger Suarez	PHI	\$4
54. (158)	John Means	BAL	\$4
55. (160)	Shane Baz	TB	\$4
56. (161)	Kyle Hendricks	CHC	\$4
57. (162)	Jon Gray	TEX	\$4
58. (163)	Jack Flaherty	STL	\$4
59. (164)	Aaron Civale	CLE	\$3
60. (165)	Cal Quantrill	CLE	\$3
61. (168)	Bailey Ober	MIN	\$3
62. (170)	Alex Wood	SF	\$3
63. (176)	Jose Urquidy	HOU	\$3
64. (180)	Lance Lynn	CWS	\$3
65. (182)	Marco Gonzales	SEA	\$3
66. (185)	Drew Rasmussen	TB	\$3
67. (187)	Triston McKenzie	CLE	\$3
68. (192)	Zach Plesac	CLE	\$2
69. (197)	Joe Ryan	MIN	\$2
70. (200)	Andrew Heaney	LAD	\$2
71. (203)	Patrick Corbin	WSH	\$2
72. (206)	Chris Flexen	SEA	\$2
73. (208)	Taijuan Walker	NYM	\$2
74. (211)	Kyle Gibson	PHI	\$2
75. (212)	Yusei Kikuchi	TOR	\$2
76. (221)	Steven Matz	STL	\$1
77. (222)	Cristian Javier	HOU	\$1
78. (224)	Noah Syndergaard	LAA	\$1
79. (225)	Casey Mize	DET	\$1
80. (227)	Patrick Sandoval	LAA	\$1

Relief pitchers			
1. (40)	Josh Hader	MIL	\$22
2. (43)	Liam Hendriks	CWS	\$20
3. (53)	Emmanuel Clase	CLE	\$17
4. (58)	Raisel Iglesias	LAA	\$16
5. (63)	Ryan Pressly	HOU	\$15
6. (75)	Craig Kimbrel	LAD	\$15
7. (81)	Edwin Diaz	NYM	\$12
8. (100)	Aroldis Chapman	NYG	\$9
9. (106)	Kenley Jansen	ATL	\$9
10. (112)	Giovanny Gallegos	STL	\$8
11. (122)	Michael Kopech	CWS	\$7
12. (135)	Luis Severino	NYG	\$5
13. (151)	Ranger Suarez	PHI	\$4
14. (154)	Jordan Romano	TOR	\$4
15. (165)	Cal Quantrill	CLE	\$3
16. (173)	Scott Barlow	KC	\$3
17. (185)	Drew Rasmussen	TB	\$3
18. (196)	Taylor Rogers	SD	\$2
19. (222)	Cristian Javier	HOU	\$1
20. (231)	Corey Knebel	PHI	\$1
21. (240)	Matt Barnes	BOS	\$1
22. (245)	Tyler Wells	BAL	\$1
23. (250)	Camilo Doval	SF	\$1
24. (256)	Garrett Whitlock	BOS	\$1
25. (260)	Lou Trivino	OAK	\$1
26. (265)	Luis Hernandez	KC	\$0
27. (276)	Paul Sewald	SEA	\$0
28. (284)	Gregory Soto	DET	\$0
29. (297)	Andrew Kittredge	TB	\$0
30. (306)	Nestor Cortes	NYG	\$0

First basemen			
1. (6)	Vladimir Guerrero Jr.	TOR	\$39
2. (9)	Freddie Freeman	LAD	\$36
3. (22)	Matt Olson	ATL	\$27
4. (42)	Pete Alonso	NYM	\$20
5. (56)	Shane Bieber	LAD	\$16
6. (59)	Paul Goldschmidt	STL	\$16
7. (62)	Josh Bell	WSH	\$15
8. (66)	Jose Abreu	CWS	\$14
9. (73)	DJ LeMahieu	NYG	\$13
10. (83)	Anthony Rizzo	NYG	\$12
11. (85)	Jake Cronenworth	SD	\$11
12. (105)	Yuli Gurriel	HOU	\$9
13. (114)	Rhys Hoskins	PHI	\$8
14. (123)	Joey Votto	CIN	\$6
15. (128)	C.J. Cron	COL	\$6
16. (147)	Spencer Torkelson	DET	\$4
17. (152)	Ty France	SEA	\$4
18. (155)	Jared Walsh	LAA	\$4
19. (167)	Frank Schwindel	CHC	\$3
20. (179)	Carlos Santana	KC	\$3
21. (190)	Trey Mancini	BAL	\$2
22. (194)	Ryan Mountcastle	BAL	\$2
23. (201)	Jonathan Schoop	DET	\$2
24. (209)	Tyler Stephenson	CIN	\$2
25. (217)	Brandon Belt	SF	\$2
26. (226)	Nathaniel Lowe	TEX	\$1
27. (228)	Jesus Aguilar	MIA	\$1
28. (229)	Luke Voit	SD	\$1
29. (232)	Eric Hosmer	SD	\$1
30. (246)	Alex Kirilloff	MIN	\$1

Second basemen			
1. (17)	Trea Turner	LAD	\$29
2. (26)	Ozzie Albies	ATL	\$25
3. (33)	Jose Altuve	HOU	\$24
4. (35)	Marcus Semien	TEX	\$23
5. (37)	Ketel Marte	ARI	\$23
6. (56)	Max Muncy	LAD	\$16
7. (73)	DJ LeMahieu	NYG	\$13
8. (78)	Whit Merrifield	KC	\$12
9. (79)	Jorge Polanco	MIN	\$12
10. (85)	Jake Cronenworth	SD	\$12
11. (104)	Brandon Lowe	TB	\$9
12. (119)	Jonathan India	CIN	\$7
13. (133)	Tommy Edman	STL	\$6
14. (142)	Jean Segura	PHI	\$5
15. (152)	Ty France	SEA	\$4
16. (169)	Enrique Hernandez	BOS	\$3
17. (171)	Kolten Wong	MIL	\$3
18. (189)	David Fletcher	LAA	\$3
19. (201)	Jonathan Schoop	DET	\$2
20. (218)	Javier Baez	DET	\$1
21. (223)	Eduardo Escobar	NYM	\$1
22. (233)	Nick Madrigal	CHC	\$1
23. (235)	Ryan McMahon	COL	\$1
24. (238)	Brendan Rodgers	COL	\$1
25. (243)	Chris Taylor	LAD	\$1
26. (249)	Luis Urias	MIL	\$1
27. (257)	Adam Frazier	SEA	\$1
28. (266)	Jazz Chisholm Jr.	MIA	\$0
29. (267)	Jeff McNeil	NYM	\$0
30. (269)	Cesar Hernandez	WSH	\$0

Shortstops			
1. (17)	Trea Turner	LAD	\$29
2. (27)	Wander Franco	TB	\$25
3. (31)	Bo Bichette	TOR	\$24
4. (35)	Marcus Semien	TEX	\$23
5. (46)	Xander Bogaerts	BOS	\$19
6. (57)	Corey Seager	TEX	\$16
7. (69)	Francisco Lindor	NYM	\$14
8. (77)	Carlos Correa	MIN	\$13
9. (79)	Jorge Polanco	MIN	\$12
10. (85)	Jake Cronenworth	SD	\$12
11. (88)	Fernando Tatis Jr.	SD	\$11
12. (94)	Trevor Story	BOS	\$10
13. (97)	Bobby Witt Jr.	KC	\$10
14. (121)	Tim Anderson	CWS	\$7
15. (148)	Dansby Swanson	ATL	\$4
16. (177)	Willy Adames	MIL	\$3
17. (186)	Gleyber Torres	NYG	\$3
18. (189)	David Fletcher	LAA	\$3
19. (210)	J.P. Crawford	SEA	\$2
20. (216)	Amed Rosario	CLE	\$2
21. (218)	Javier Baez	DET	\$1
22. (234)	Brandon Crawford	SF	\$1
23. (238)	Brendan Rodgers	COL	\$1
24. (243)	Chris Taylor	LAD	\$1
25. (249)	Luis Urias	MIL	\$1
26. (259)	Miguel Rojas	MIA	\$1
27. (266)	Jazz Chisholm Jr.	MIA	\$0
28. (272)	Nicky Lopez	KC	\$0
29. (290)	Isiah Kiner-Falefa	NYG	\$0
30. (291)	Gavin Lux	LAD	\$0

Third basemen			
1. (4)	Jose Ramirez	CLE	\$43
2. (15)	Manny Machado	SD	\$31
3. (24)	Rafael Devers	BOS	\$26
4. (29)	Alex Bregman	HOU	\$25
5. (32)	Nolan Arenado	STL	\$24
6. (39)	Anthony Rendon	LAA	\$22
7. (51)	Kris Bryant	COL	\$18
8. (73)	DJ LeMahieu	NYG	\$13
9. (90)	Austin Riley	ATL	\$11
10. (118)	Justin Turner	LAD	\$7
11. (145)	Josh Donaldson	NYG	\$5
12. (181)	Matt Chapman	TOR	\$3
13. (183)	Ke'Bryan Hayes	PIT	\$3
14. (202)	Jeimer Candelario	DET	\$2
15. (215)	Yonca Moncada	CWS	\$2
16. (223)	Eduardo Escobar	NYM	\$1
17. (235)	Ryan McMahon	COL	\$1
18. (249)	Luis Urias	MIL	\$1
19. (261)	Nicky Moustakas	CIN	\$0
20. (271)	Yandy Diaz	TB	\$0
21. (282)	Luis Arraez	MIN	\$0
22. (295)	Eugenio Suarez	SEA	\$0
23. (305)	Cavan Biggio	TOR	\$0
24. (320)	Wilmer Flores	SF	\$0
25. (321)	Brian Anderson	MIA	\$0
26. (341)	Adalberto Mondesi	KC	\$0
27. (351)	Alec Bohm	PHI	\$0
28. (356)	Josh Harrison	CWS	\$0
29. (358)	Jeff Wendle	MIA	\$0
30. (374)	Hunter Dozier	KC	\$0

Outfielders			
1. (2)	Juan Soto	WSH	\$47
2. (7)	Mookie Betts	LAD	\$38
3. (11)	Bryce Harper	PHI	\$35
4. (13)	Kyle Tucker	HOU	\$32
5. (20)	Mike Trout	LAA	\$28
6. (36)	Yordan Alvarez	HOU	\$23
7. (37)	Ketel Marte	ARI	\$23
8. (44)	Ronald Acuna Jr.	ATL	\$19
9. (49)	Aaron Judge	NYG	\$18
10. (50)	Bryan Reynolds	PIT	\$18
11. (51)	Kris Bryant	COL	\$18
12. (54)	Nick Castellanos	PHI	\$16
13. (64)	George Springer	TOR	\$15
14. (72)	Cedric Mullins	BAL	\$13
15. (74)	J.D. Martinez	BOS	\$13
16. (78)	Whit Merrifield	KC	\$12
17. (84)	Luis Robert	CWS	\$12
18. (88)	Fernando Tatis Jr.	SD	\$11
19. (93)	Jesse Winker	SEA	\$10
20. (96)	Cody Bellinger	LAD	\$10
21. (98)	Eloy Jimenez	CWS	\$10
22. (103)	Starling Marte	NYM	\$9
23. (108)	Christian Yelich	MIL	\$8
24. (110)	Teoscar Hernandez	TOR	\$8
25. (113)	Mitch Haniger	SEA	\$8
26. (116)	Kyle Schwarber	PHI	\$7
27. (120)	Seiya Suzuki	CHC	\$7
28. (124)	Alex Verdugo	BOS	\$6
29. (125)	Giancarlo Stanton	NYG	\$6
30. (126)	Daulton Varsho	ARI	\$6
31. (129)	Lourdes Gurriel Jr.	TOR	\$6
32. (131)	Michael Brantley	HOU	\$6
33. (133)	Tommy Edman	STL	\$6
34. (136)	Marcell Ozuna	ATL	\$5
35. (140)	Austin Meadows	DET	\$5
36. (144)	Eddie Rosario	ATL	\$5
37. (150)	Charlie Blackmon	COL	\$4
38. (153)	Julio Rodriguez	SEA	\$4
39. (156)	Randy Arozarena	TB	\$4
40. (157)	Byron Buxton	MIN	\$4
41. (166)	Andrew Benintendi	KC	\$3
42. (169)	Enrique Hernandez	BOS	\$3
43. (172)	Tyler O'Neill	STL	\$3
44. (175)	Jorge Soler	MIA	\$3
45. (178)	Hunter Renfroe	MIL	\$3
46. (184)	Joey Gallo	NYG	\$3
47. (188)	Mark Canha	NYM	\$3
48. (191)	Michael Conforto	FA	\$2
49. (193)	Dylan Carlson	STL	\$2
50. (194)	Ryan Mountcastle	BAL	\$2
51. (195)	Trent Grisham	SD	\$2
52. (198)	Avisail Garcia	MIA	\$2
53. (199)	Randal Grichuk	COL	\$2
54. (204)	Mike Yastrzemski	SF	\$2
55. (205)	Austin Hays	BAL	\$2
56. (207)	Max Kepler	MIN	\$2
57. (213)	Anthony Santander	BAL	\$2
58. (214)	Robbie Grossman	DET	\$2
59. (220)	Jarred Kelenic	SEA	\$1
60. (236)	Ian Happ	CHC	\$1
61. (243)	Chris Taylor	LAD	\$1
62. (246)	Alex Kirilloff	MIN	\$1

Catchers			
1. (70)	Salvador Perez	KC	\$14
2. (82)	Will Smith	LAD	\$12
3. (91)	Yasmani Grandal	CWS	\$11
4. (102)	J.T. Realmuto	PHI	\$9
5. (126)	Daulton Varsho	ARI	\$6
6. (137)	Keibert Ruiz	WSH	\$5
7. (174)	Willson Contreras	CHC	\$3
8. (209)	Tyler Stephenson	CIN	\$2
9. (219)	Christian Vazquez	BOS	\$1
10. (230)	Omar Narvaez	MIL	\$1
11. (242)	Sean Murphy	OAK	\$1
12. (264)	Carson Kelly	ARI	\$0
13. (270)	Alejandro Kirk	TOR	\$0
14. (279)	Adley Rutschman	BAL	\$0
15. (285)	Mitch Garver	TEX	\$0
16. (289)	Austin Nola	SD	\$0
17. (303)	Gary Sanchez	MIN	\$0
18. (314)	Yadier Molina	STL</	